

Are You **READY 4K!**?

»**FREE TEXT MESSAGES TO HELP YOU PREPARE YOUR CHILD FOR KINDERGARTEN!**

All parents want to prepare their children for kindergarten but many run out of ideas. Ready4K! can help! Ready4K! text messages include **FUN FACTS** and **EASY TIPS** that are scientifically-proven to help children do better in school.



SIGN UP!

TEXT:

**“Ready4KStan”
to 313131**

***For more information, go to:**

<https://cepa.stanford.edu/cepalabs>

While there is absolutely no fee for this service, standard texting rates apply.

**Sample
Weekly
Text
Messages**

FACT: Bath time is great for teaching your child important skills for K. Start by asking your child: what are the things we need for bath time? Why?

TIP: When you're bathing your child, point out the letters on the shampoo bottles. Ask your child to name them and tell you the sounds that they make.

GROWTH: Keep using bath time to prepare your child 4K! Ask: what rhymes with tub (cub, rub), soap (rope, hope), and bubble (double, trouble)?