



STANISLAUS COUNTY LIBRARY

Vanessa Czopek
County Library Director

1500 I Street, Modesto, CA 95354
209-558-7801 Fax: 209-529-4779
www.stanislauslibrary.org

PRESS RELEASE

September 27, 2012

FOR IMMEDIATE RELEASE:

For further information, contact
Lauren Hall, 558-7817

Libérese de la ansiedad at the Modesto Library

Maribel Vargas, Master of Social Work, will discuss anxiety and explain its types, effects, and treatment options at the Modesto Library on Wednesday, Oct. 10 at 6 p.m. This free program will inform residents of Stanislaus County about this widespread condition and help those who suffer from anxiety find effective treatment options. Light snacks will be provided by the Friends of the Modesto Library. This presentation will be offered in Spanish.

For more information, please call Olga at 558-7814.

#