



LIBRARY

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PRESS RELEASE

FOR IMMEDIATE RELEASE

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GetSetUp Online Learning offered for Stanislaus County Library customers 50+

Live online classes to keep older adults mentally, physically and socially active

The Stanislaus County Library is pleased to announce the addition GetSetUp to its array of online learning resources. GetSetUp is a social learning platform for individuals 50+, who want to learn new skills, connect with others and unlock new life experiences. Classes are taught by peers who are experts in their fields.

With GetSetUp, adults can participate in fitness classes, gain new job skills for a second career, or learn practical skills for everyday life, in classes such as Pilates Workout for Older Adults, Email Marketing Strategies that Work, or Getting started with Zoom. Classes are interactive, easy to join, offered day and night, and free to Stanislaus County Library customers.

“What makes GetSetUp unique is that it’s designed specifically for older adults,” said Sarah Dentan, Stanislaus County library director. “Classes are small so everyone can fully participate, and members connect with others in the interactive learning environment.”

GetSetUp offers live classes, social hours hosted by community members and special events with speakers who directly address areas of interest to older adults.

To get started, interested parties should visit the CAREER Pathways page of the library’s website at www.stanislauslibrary.org/career_pathways.shtm

Classes are offered in English, Spanish, Hindi and Mandarin. GetSetUp is headquartered in San Francisco, with core teams also located in Australia, India, and the U.K. This resource was supported by funding provided by the State of California, Administered by the California State Library.

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